Virgil Jones Young, Sr. was born in New Haven, Connecticut on August 8, 1918 to the late Lula Bessie-Belle Jones and John Young. He moved to Hartford, Connecticut with his parents, maternal grandmother, Mary Jones, and siblings at the age of 2. He was the sixth of seven boys, Gibeon, John, David, twins Aubert and James and Samuel and each preceded his death with Samuel passing a month before him. Virgil married Dr. F. Camille Lee. This union of love, devotion and support spanned 52 years and God blessed them with a son, Virgil J. Young, Jr.

Virgil, Sr. attended public schools in Hartford and graduated from the famous Buckley High School. He earned his Undergraduate Degree in Political Science and Economics from Lincoln University (Cum Laude). During his undergraduate days, he attended the University of Michigan for one year where he was an outstanding member of the Boxing Team. In fact, Virgil was Champion for his weight class. He earned a Master’s of Science Degree in Psychology from Virginia State College, Petersburg, Virginia and a Doctorate in Educational Technology from the Catholic University of America. Dr. Young was a pioneer in the field of Individualized Instruction. He studied Clinical Psychology abroad at the University of Wurzburg, in Germany. It was an asset to be fluent in German because his graduate studies were all conducted in German (speech, writing, and reading).

Dr. Young was a Tuskegee Airman (Class of 1943). He retired from the United States Army as a World War II Veteran, achieving the rank of Major (one of the highest ranks an African American could achieve at the time). He served with the 5th Infantry Division in Germany and in the Philippines and Japan.

After retiring from the Army, Dr. Young was successful in many careers. In the DC public schools, he organized and administered the training and academic programs for the National Defense Cadet Corps at two DC public High Schools with the principal responsibility for training teachers in the development of an individualized interdisciplinary instructional program. He also served as an Assistant Principal and a member of the Deputy Superintendent's Task Force for the Improvement of Instruction. Dr. Young, through his Doctoral Dissertation, entitled "An Exploratory Study to Determine the Effect of an Individualization of Instruction In-Service Training Project on Teacher Perceptions in Classroom Behavior", created new knowledge in the field of individualized instruction within the University of the District of Columbia and DC’s Public School System. He later served
as a Professor at the Washington Technical Institute where he was presented with a formal commendation for Meritorious Service. At the University of the District of Columbia, he was a Professor and also Chairman of the Psychology Department.

Dr. Young was known for his keen sense of humor and quick wit. Family and friends enjoyed his intelligence and wit at gatherings in his homes in DC and Martha's Vineyard. While enjoying lobster dinners, he would delight and entertain all with his famous one-liners. Virgil was a Tuskegee Airman, President of the North Portal Civic Association and a member of the Alpha Phi Alpha Fraternity. In joining the Lonely Eagle Chapter, he leaves to mourn his passing, his loving wife, Dr. Camille Young, son Virgil J. Young, Jr., daughter-in-law, Rosalind Young, nephews Aubert Young, Jr. of Green Valley, AZ and David Young, Jr. of Norwalk CT, as well as many other nieces, loving relatives and friends.